

You are invited to **volunteer, register & experience**
a diverse gathering of Buddhists/non-Buddhists



Urban Retreat

2 days of Meditation + Yoga + Talks + Festival

*BCA is one of over 30 partners –
Help us share Jodo Shinshu Buddhism
beyond our temples*

Mindfulness has become so popular, it's now become a personal lifestyle brand. On June 29-30, Buddhists and non-Buddhists alike from around the Bay Area and the World will join together in Berkeley to ask the question "What's After Mindfulness?"

This two-day urban retreat explores potential answers through a unique mix of talks from a diverse group of world-renowned teachers, meditation, yoga, and a community festival of sharing where you can put new insights into practice. Together, we hope to begin to move beyond mindfulness to cultivate wisdom and compassion and truly connect with the world in which we live.

Learn more at Aftermindfulness.org

Please consider helping out at BCA activities -->>>

The "After Mindfulness Urban Retreat" is hosted by the Fung Institute of Engineering Leadership and organized by the 11th Global Conference on Buddhism, with proceeds benefiting host organizations Dhammadharini Support Foundation, Dharma College, Berkeley Buddhist Monastery, and ServiceSpace.

[Fun & amazing opportunities for BCA outreach!](#)

~ **Speaker panels** will include **Rev. Kiyonobu Kuwahara**, Berkeley Buddhist Temple.

~ **DMV ("Dept. of Mahayana Vehicles") Walking Meditation** originally designed for the FDSTL Conference by Irene Wells will be presented by BCA for all to enjoy.

~ **A Children's Village** will offer dharma art and storytelling activities. BCA Dharma School teachers are invited to volunteer and lead activities at the BCA tent.

~**The Festival of Sharing** will include **Bon Dancing led by Reiko Iwanaga** (Hanayagi Reimichi) of San Jose Buddhist Church Betsuin. Help her teach Bon Dancing for all to join in.

BCA temple info to share: Dharma Schools, TechnoBuddha, Jr YBA, Scouting Awards, Obon Festivals, World Buddhist Women's Convention and more.

REGISTER WITH BCA PROMOTIONAL CODE: "BCAGCB"

Receive 10% off regular fee of \$108 for 2-days of programs, special talk & concert.

VOLUNTEER FOR THESE BCA ACTIVITIES:

[Click to sign up online](#)

Or, contact BCA Center for Buddhist Education at cbe@bcahq.org or phone: (510) 809-1460.