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New Year's Greeting

January 1, 2016

At the beginning of the new year, I would like to extend my greeting to you.

On June 6, 2014, receiving the Jodo Shinshu tradition from Monshu Emeritus, I was inaugurated as the Hongwanji Resident Head Priest and Jodo Shinshu Hongwanji-ha 25th Monshu. To commemorate the occasion together with all of you in front of Amida Buddha and the Founder Shinran Shonin, Dento Hokoku Hoyo, or the Commemoration on the Accession of the Jodo Shinshu Tradition will be observed at Hongwanji, Kyoto, Japan from this coming October 1. With this observance as an opportunity, it is my hope that the Jodo Shinshu teaching will spread to as many as possible.

The Jodo Shinshu teaching was set forth by Shinran Shonin nearly eight hundred years ago and it has been carefully transmitted to us to-

day. Be it Shinran Shonin's time or the present day, the Jodo Shinshu teaching remains unchanged and continues to serve as our spiritual foundation. This is because in this world of impermanence we live our lives never knowing when it may end. No one can guarantee that tomorrow I will not be involved in an incident or accident that will bring about the end of my life.

In closing, let us continue our journey along the Nembutsu path by going to the temple to hear more of Amida Buddha's constant working for our benefit. In doing so, throughout this year, let us reflect on our true selves, come to appreciate all the encounters of our everyday lives, and in gratitude, recite the Nembutsu.

Namo Amida Butsu. OHTANI Kojun Monshu Jodo Shinshu Hongwanji-ha

10th Anniversary of the Jodo Shinshu Center: Realizing the Vision

This article is the first in a year-long series commemorating the Jodo Shinshu Center's Tenth Anniversary.

By Dr. Billy Saeki Past BCA President (2008-2009)

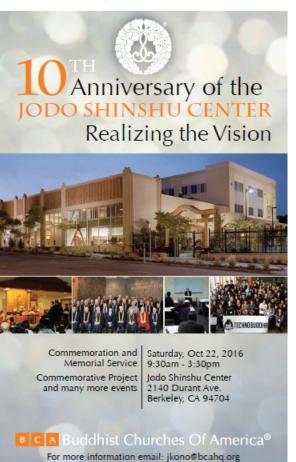
This year marks the ten year anniversary of the opening of the Buddhist Churches of America Jodo Shinshu Center (JSC) in Berkeley, California. The historic dedication ceremony and service were held on October 21, 2006. This unique education center houses the Institute of Buddhist Studies, the BCA Center for Buddhist Education, the BCA Bookstore and the Ryukoku University Berkeley Center (RUBeC) and is located at 2140 Durant Avenue, adjacent to the University of California at Berkeley, and within walking distance to the Graduate Theological Union (GTU), Bay Area Rapid Transit (BART) and the Institute of Buddhist Studies (IBS) dorm.

To celebrate the 10th Anniversary of the BCA Jodo Shinshu Center, a commemorative memorial service will be conducted on Saturday, October 22, 2016 at the JSC. The service will be followed by speakers and other activities. Leading up to this Anniversary celebration, a series of monthly articles featuring different aspects of the JSC will be published in the Wheel of Dharma. Also during the coming months, the Institute of Buddhist Studies and the BCA Center for Buddhist Education will each host a lecture at the JSC; these lectures will be videotaped and made available to the temples online. A poster with details on the schedule of events for the October 22nd celebration and the IBS and CBE lectures will be distributed to BCA

temples in March. In 1930, the building which would become the JSC was built by industrialist Charles Howard, owner of the famous racehorse Seabiscuit, to use as a grand showroom for his Buick franchise. The building later changed hands and housed the Maggini Chevrolet dealership from the late 1960s until the 1980s. In the 1980s, Baseball Hall of Fame member, Reggie Jackson purchased the building for his own car dealership. For its rich history, as well as for its classic art deco design, the building was designated a historic landmark by the City of Berkeley

in 1983. Today the three-story JSC includes teaching facilities, offices, a kodo (educational hall), a bookstore, guest accommodations (4 apartment suites, 10 double occupancy hotel type rooms and 8 dorm rooms), a kitchen, a dining room, several lounges and a two-level parking garage.

In 2006 the vision for the JSC was to be a dynamic center for Jodo Shinshu Buddhist study and propagation in North America. With the guidance and leadership of Bishops Hakubun Watanabe, Koshin Ogui and Kodo Umezu, and the generous support of BCA members and friends, we are realizing this vision today and the JSC is acknowledged worldwide for its people, programs and facilities. Today the JSC is alive with activity: lectures, conferences, symposia, ministerial training, minister's assistant training, lay leadership training, academic studies and special programs attended by visitors throughout the U.S. and internationally. Please look out for upcoming news on the 2016 10th Anniversary and save the October 22, 2016. Join us as we celebrate this historic milestone in sharing the Nembutsu in America.





ISC Memories The JSC Opening: October 21, 2006

The weather was pretty good that day. This is hardly a surprise in Berkeley, but always welcome when an outdoor event is on tap.

The celebration to open the Jodo Shinshu Center began outdoors with a parade in high style. We gathered in the driveway and parking lot of the Berkeley

Buddhist Temple, to be lined up in a certain order. Dharma school children in bright colors were in the lead. Also prominent among the marchers were the gagaku musicians from Senshin Temple in Los Angeles. When they played, heads turned. Dignitaries from Japan marched with appropriate dignity. Socho and Mrs. Ogui acknowledged and smiled at the crowd gathered along the route down Channing Way to Shattuck, north one block to Durant, then up Durant to the ISC entrance. Among other

BCA participants, my wife Geri and I walked with a joyous spirit, experiencing a once-in-a-lifetime occasion.

Perhaps my fondest memory is of standing at the building entrance, across which stretched a broad white ribbon. Next to me stood Tom Bates, who was then, as now, the mayor of Berkeley. Someone placed pairs of scissors into our hands, and we cut the ribbon to officially open the building. It was a small **Continued on Page 6**

Obon Dancing in America: Reverend Yoshio Iwanaga Photo Album

By Wynn Kiyama

The summertime obon festival is an eagerly anticipated event within Japanese American communities. People come for the food, games, camaraderie, and memorial observance, but perhaps the most iconic element of the obon festival occurs when participants gather in a circle for the bon odori (obon dancing). Reverend Yoshio Iwanaga introduced this tradition to numerous North American Nikkei communities in the 1930s, and now, his pioneering activities are being celebrated in an online photo exhibit.

Reverend Iwanaga established bon odori as a Jodo Shinshu Buddhist practice using music and dance from across Japan. He taught bon odori in California, Or-

egon, Washington, and Vancouver, British Columbia in the 1930s, and led two large performances of bon odori in the 1940s at the International Exposition on Treasure Island and the fiftieth anniversary of the Buddhist Churches of America (BCA). He and his wife, Helen Chizuko Iwanaga, were appointed the directors of the Music and **Continued on Page 6**

Rev. Yoshio Iwanaga dancing at an obon festival, late 1940s. Courtesy of the Iwanaga Family, made accessible by Portland State University Library Special Collections.





By Rev. Kodo Umezu, BCA Bishop

I would like to express my deep appreciation to all of you for your support and guidance throughout the year 2015.

I would once again like to ask for your continued support in 2016, for this will be a year full of memorable events. One of them is the tenth year commemoration of the Jodo Shinshu Center, our educational facility. We are planning a variety of programs throughout the year to celebrate this achievement with everyone.

Another event will take a place in Kyoto starting late this year. The Nishi Hongwanji in Kyoto will observe the Dento Hokoku Hoyo, the Commemoration on the Accession of the Jodo Shinshu Tradition. A series of ceremonies

will observe the succession of the 25th head priest of the Jodo

Shinshu Hongwanji-ha, Monshu Sennyo Shonin, who follows the 24th Monshu, Sokunyo Shonin.

The Accession will assure that the religious values of Jodo Shinshu are passed on to future generations. But these religious values cannot be kept just within us and our Sangha. Look around at the world we live in. Let us pause and reflect on our own behaviors. Surely, sharing our Buddhist values would have a positive impact. In order to do so, we must seek guidance in the *nembutsu* teaching.

We need to take a first step. Familiarization with the teaching is the first step.

Many of you already have a family altar or similar set up at home. If not, I would recommend that you talk to your minister about how to set one up. Then I would like to ask you to have a daily service in front of your altar. If you have already been doing this every day, please continue to do so. If you haven't, please go to your home altar, put your hands together and just recite Namu Amida Butsu at least once a day. If possible, please do it together with other family members.

Happy New Year!

I often hear people say that we do not have any practice, such as Zen meditation. I think each of you can start your own religious custom, for instance, saying Namu Amida Butsu in front of your altar. It will bring the Nembutsu teaching closer to you and you will start thinking about it more personally. We learn Buddhism by approaching our daily actions from a Buddhist perspective. It all begins by treating the Buddha, Dharma and Sangha as real gems in our lives.

When I was growing up in Japan, my father chanted Shoshinge every morning at my family's home temple. Conducting a daily service, called omairi, was a must. Today, my family usually chants a few verses of Shoshinge before dinner. After reading it in Japanese, we recite the English translation. Sometimes, instead of Shoshinge we pick one section to read from The Teaching of Buddha or Dhammapada. In that sense, we are not a traditional Japanese Jodo Shinshu family.

I am not suggesting that you chant an entire sutra every day (although if you already do so, please keep it up). I am suggesting that you pick a short passage from the Buddhist reading materials available to you and chant or read it out loud at your altar.

I truly believe that we can be benefit tremendously when we take an interest in Shinran Shonin's teaching. The Nembutsu teaching allows us to see the roots of human suffering and also gives us the cure for our pain and afflictions. It shows us the way to live our lives without relying on some sort of supernatural power. It stops us from being violent. It provides peace at home and in the community. The world we live is made up of people like you and me. If each person can find peace and happiness, they will affect other people around them.

We are very fortunate to have received this gem from people before us. They have given us many ways to receive the teaching. The Hoonko service* in January honoring Shinran Shonin is one of them. Let us make every effort to attend a Hoonko service and receive the timeless gift of the Nembutsu teaching.

I am looking forward to working with you in 2016 and sharing the joy of the Nembutsu teaching.

*Some temples and churches observe Hoonko in November.



By Rev. Kojo Kakihara **Tacoma Buddhist Temple**

Happy New Year, every one. I wish each of you a happy and meaningful 2016 with the light of Amida Buddha.

Each January we hold the Hoonko service. As you know, Hoonko is the most important

Listen with "Heart"

The Attitude of Listening to Buddha Dharma

~Listen as if you are listening for the first time.

~Listen as if the message is for you alone.

~Listen as if this is the last time you will ever listen. in your life.

very important. Through listening to Dharma talks, reading books, or reciting the nembutsu, we are able to hear and realize the heart of Amida Buddha. As we continue to listen, our way of life becomes transformed to one centered not around our egoistic mind, but rather the mind of Amida Buddha. And by listening with our heart, the nembutsu begins to have true and great meaning in our lives.

January being the start of the New Year, it is a good time to start something new, while reflecting upon the past year. It is also a time to remember and return to our original intention or beginner's mind. I came to the US and was first assigned to the Los Angeles Betsuin in January 2008. So 2016 is the ninth year as a Kaikyoshi for me. This has led me to think about what I can do now, while reflecting upon the past years. I think it is important that we not forget our original intention, and that we return to the beginner's mind.

tions. I was aware that as a new minister, I had to be able to listen carefully and sincerely to what senior ministers and temple members told me. But as time passed, I sometimes found myself forgetting my original intention or beginner's mind. Unknowingly, I found myself thinking thoughts like, "I know that because I have already heard that before," or, "I understand what you say,

I was listening, yet I was not listening in the true sense. I realized that we hear things differently depending on how we listen even if we hear the same thing again. We

are able to listen sincerely if we keep

the beginner's mind and are aware

that we are ignorant. However,

when we become complacent, we

begin to listen with the attitude of,

"I know!" without realizing it. This

means that we begin to listen to

what others say through our "ego"

and as it suits our convenience. In

other words, we hear only with our

ears and not with our "heart."

Dharma" or "Chomon no Kokoroe"? This type of attitude can be found at many Jodo Shinshu temples in Japan. It literally defines how one should listen to Buddha Dharma. At some temples in Japan, members recite the Chomon no Kokoroe each time before they listen to Dharma talks. Dharma talks may not always be funny, or they may be about something you have heard before. But when we listen with "The Attitude of Listening to Buddha Dharma" in our minds, we are able to hear and receive the messages with a fresh heart. It is like the sutras we chant. Though we may not understand their contents completely, their sound can begin to take on meaning if we hear and listen with our hearts. "The Attitude of Listening to Buddha Dharma" tells us that when we listen not only with our "ears" but also with our "hearts," we are able to hear the true meaning and heart of Amida Buddha transcending words that Shinran Shonin appreciated and conveyed for us.



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Submission Guidelines

Articles should be around 500 words, typed, double-spaced in Microsoft Word. The editors may ask for longer articles, or split in multiple parts at the editors' discretion. Documents should be sent as an email attachment to WODeditor@bcahq.org. Please include the article's author or contact, temple, and suggested title. Images, preferably in color, must be submitted as 300 dpi JPEG or TIFF in separate attachments and never embedded in a Word document. PDF is not preferred. The editors reserve the right to crop images and to edit articles. Articles and news releases are reviewed for publication on the 10th of every month.

Change of address and subscription cancellations:

Individuals may mail, email, fax or phone in change of address requests and subscription cancellations to the BCA National Headquarters at the address above Please include the following: Subscriber's name(as written on current subscription); address currently being used; New address and/or name changes; requested action (e.g. change of address, name, subscription cancellation, etc.); phone and/or email of person requesting the change; date of request. Please allow up to 8 weeks for changes to take effect. BCA local temples should send update requests as usual.

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but..."

service in our Jodo Shinshu tradition. It is held around January 16th which is the death anniversary of our founder, Shinran Shonin. Although it is the gathering in memory of Shinran Shonin, it is not simply a gathering to think of and lament his passing. As the name Hoonko describes, it is "the gathering to repay our indebtedness" to Shinran Shonin and Amida Buddha.

When I first arrived in the U.S., I did so with dreams and resolu-

In Jodo Shinshu, listening is

Have you heard of "The Attitude of Listening to Buddha

In gassho with palms together.

in WOD

Editor: Rev. Kodo Umezu, Bishop Editor, Japanese Section: **Rev. Ryuta Furumoto** Managing Editor: Kevin Arakaki Section Editors: Yumi Hatta Michael Endo, Christopher Sujarit Copy Editor: Edythe Vassall Print Production: Jeffrey Kimoto



Like the Buddhist Churches of America



Salt Lake Buddhist Temple 211 West, 100 South Salt Lake City, UT 84101 Tel: (801) 363-4742 www.slbuddhist.org



Salt Lake Buddhist Temple

The Salt Lake Buddhist Temple was founded in 1912. Located in the center of the downtown, this area was the location of the original Japantown in Salt Lake City. The current building was built in 1962, a half block from the original building. The onaijin altar was donated by the temple's BWA for the new temple building. The Dharma School was started in 1918. In 2014 the temple added a bookstore, Lumbini's Garden. The bookstore sells Buddhist Books and Buddhist and Japanese gifts. It is run by volunteers, with all proceeds going to the temple

Despite being in a predominantly Mormon Society, Salt Lake Buddhist Temple has survived as a result of the hard work of its dedicated members. Rev. Jerry Hirano is the resident minister with four minister's assistants: Rev. Masami Hayashi, Dr. Carmela Javellana Hirano, Ms. Dot Richeda and Mr. Troy Watanabe.

By Dr. Kent Matsuda BCA President Enmanji Buddhist Temple

On behalf of the BCA Executive Committee, I would like to wish everyone a Happy New Year of the Monkey. Many exciting BCA-related activities will be taking place in 2016. I hope that you can participate in many of them and spiritually grow.

On December 5, 2015, representatives from the eight BCA districts, BCA-related organizations, and directors at large met at the Jodo Shinshu Center (JSC) in Berkeley for the December National Board Meeting.

Rev. Kodo Umezu, Bishop of the BCA, reported that Rinban Rev. Bob Oshita of the Sacramento Betsuin and Rinban Rev. Donald Castro of the Seattle Betsuin have officially announced their intention to retire in 2016.

Steve Terusaki of SEIDO Consulting was hired as the Interim Director of Operations at BCA headquarters. An administrative assistant will be hired to work in the office. A new BCA directory was distributed to ministers and temples online.

The BCA 2016-2017 budget anticipates an income of \$2.3 Million and expenses of \$2.4 Million. BCA member dues are anticipated to be \$113.45 per member. Organizations and BCA committees that receive allocations from the BCA had their allocations reduced by 10%. BCA staff will not be receiving a cost of

President's Message The December National Board Meeting



The BCA National Board convened at the Jodo Shinshu Center on December 5, 2015. They are joined by BCA staff in attendance.

living increase.

The Institute of Buddhist Studies (IBS) announced their intention to apply for independent academic accreditation. There are currently five students enrolled in ministerial study with two more anticipated to enroll in 2016. The Friends of IBS fundraising effort brought in over \$50 K in 2015.

Investments in the Endowment Foundation did not do well in 2016. The allocation from the Foundation to the BCA will be lower in future years. The National Board approved a motion removing the January 15 deadline from the BCA Bylaws for submitting delegate names for the National Council Meeting. The National Board also approved a clarification of the definition of "assigned minister" in the BCA Bylaws.

The Pension Committee reported that the Stage I study of the BCA Pension Plan was completed. The committee will now move onto the Stage II study to look at options going forward.

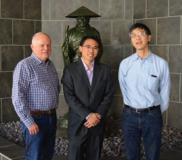
The National Board approved

the Social Welfare Committee's recommendation to award \$10,000 to install public restroom facilities in the Chinatown area of Salinas, California. I thanked the Northern California District for overseeing the Social Welfare Fund for the past two years. The directors-at-large will take over this committee after the upcoming National Council Meeting.

The Special Functions Committee revealed a new poster informing people that the JSC will be celebrating its 10th Anniversary in October. A mini-lecture series will precede the anniversary.

The Communications Committee will be releasing a collection of media release forms that temples can use. The Audit Committee announced that the first-ever external financial audit of the BCA was completed. The National Board ratified the Bishop's Joint Selection Committee's selection of Rev. Kodo Umezu to be the BCA Bishop for 2016-2020.

The new Dana Program has raised over \$60 K in unrestricted funds. Funds collected between now and March will be placed in the income side of the 2016-2017 budget.



The BCA Audit Committee reported the successful completion of the BCA's external audit. Kevin Arakaki, BCA controller (center) was acknowledged for his exceptional work. Committee members are Harry Bergland (left) and Jeffery Matsuoka, BCA treasurer. Not pictured: Ron Murakami.



Our Best Efforts By Rev. Fumiaki Usuki

West Los Angeles Buddhist Temple

... Only when a person realizes his or her true nature as a foolish being (bombu), all of whose acts and thoughts arise from blind passions, does he awaken to the great compassion that grasps him just as he is. To know oneself and to know Amida's compassion are, in fact, inseparable aspects of the same realization, and one awakens to them simultaneously. In this awakening, one's own hakarai (calculation) disappears and entrusting oneself to Amida's Vow actually comes about for the first time. Thus Shinran states, "No working (practicer's hakarai) is true working (Amida's hakarai)."

(CWS – Hakarai)

We can learn much about the self from everyday mundane duties like brushing teeth, washing dishes, getting to work and even cleaning up after a pet. Whether we put these activities out of mind, procrastinate, complain, get angry, or love it, they come to represent part of the fundamental process of our life's discipline. How we proceed with these small tasks can initiate our attitude for the day and keep us grounded for the more serious busi-

ness of life itself. The way we work, engage with family and friends and act on social responsibilities are directly connected to understanding the guidance given to us through our dharma teachings. However, as Jodo Shinshu Buddhists, our ultimate guide is the Nembutsu, through which we rely on and entrust ourselves to the Infinite Wisdom and Compassion of Amida. Some Buddhists have left secular life for a different

kind of life of discipline, becoming nuns and monks. Their first order of business is to commit to the regulation of maintaining everyday life in a monastery where rules are already set harshly so no one will get careless with their expectations of enlightenment. It can be a self-willed prison of sorts. It is said that, "*Throughout the Buddhist traditions, one* *community (monastery) has been precepts.*" So, what seems to be a mundane task for us in the morning is a very serious practice and endeavor for such seekers. Precepts are designed with the elimination of human defilements as a goal. Thus, there is no difference between brushing teeth and reading a sutra – the practicer must make every effort at all times to As householders, we do not follow precepts but being aware of what constitutes wholesome and unwholesome actions through hearing dharma teachings such as the Four Noble Truths, the Six Paramitas, and the Eightfold Path is still useful. They not only give us valuable guidance for living but more importantly, measured against them, we practices and calculation, no matter how sincere we may be.

As explained and lived by Shinran Shonin, we awaken to the reality that we are incapable of truly fulfilling even the simplest practice in everyday life. At the same time, we are brought to the realization that as imperfect beings, it is we who receive the ultimate compassion of

of the most important tools for the formation, continuity, and sense of identity of a Buddhist purify the mind in his or her quest for enlightenment. It is a calculated practice. come to recognize that it is impossible for us to attain perfection through our own Immeasurable Light and Life in the form of Namo Amida Butsu, just as we are.

Seabrook Buddhist Temple Celebrates 70th Anniversary



On Sunday, November 22, 2015, Seabrook Buddhist Temple celebrated its 70th Anniversary. A Kieshiki Affirmation service also took place.

Bay District Ministers present Seminar on the Three Treasures

On November 7, 2015, over a hundred members of the nine Bay District temples gathered at the Palo Alto Buddhist Temple for an all-day seminar that covered the history, meaning and liturgy of the Three Treasures. Lectures were presented by, and small group discussions were led by all Bay District ministers and International Ministerial Orientation Program interns. The Bay District Buddhists Women's League and Dharma School Teachers co-sponsored the event.

Feb. 12-14, 2016 Northwest Buddhist Convention: "Seeking the True and Real" Hosted by Idaho-Oregon Buddhist Temple (IOBT)

The 69th Annual Northwest Buddhist Convention is just around the corner. We are excited to announce Dr. Mark Blum as the keynote speaker. Dr. Blum is the author of "The Origins and Development of Pure Land Buddhism" (2002), co-editor of "Rennyo and the Roots of Modern Japanese Buddhism" (2005), "Cultivating Spirituality" (2011), and his translation from Chinese of "The Nirvana Sutra: Volume 1" (2013). He is currently working on completing "Think Buddha, Say Buddha: a history of nenbutsu thought, practice and culture."

IOBT is looking forward to hosting you at the 2016 Convention. You can Download the Complete Information Packet to make your participation easier. See you there!

BCA Education News & Highlights - Live a Real Life!

WINTER PACIFIC SEMINAR - 21ST CENTURY

Presented by the Institute of Buddhist Studies, BCA Center for Buddhist Education & Shinshu Center of America

EAST MEETS WEST

Jodo Shinshu from the Higashi and Nishi Perspectives

SATURDAY, JANUARY 30, 2016

9:00 am - 4:30 pm

(Doors open at 8:30 am - LA Hompa Hongwanji)

THIS SEMINAR TAKES PLACE AT TWO HISTORIC TEMPLES IN LA'S LITTLE TOKYO. Registration, morning sessions & lunch are at LA Hompa Hongwanji. Afternoon sessions are at Higashi Honganji.

Los Angeles Hompa Hongwanji Buddhist Temple 815 East First Street, Los Angeles, CA 90012 Higashi Honganji Buddhist Temple 505 East Third Street Los Angeles, CA 90013

KEYNOTE SPEAKERS & PANELISTS:

Dr. Mark Blum Japanese Studies, University of California, Berkeley (English/Japanese) Rev. Henry Adams Resident Minister, San Mateo Buddhist Temple (Japanese/English)

"THE HISTORY OF THE SPLIT" PRESENTED BY: Rev. David Matsumoto Director, Contemporary Shin Buddhist Studies, IBS (English)

Rev. Kiyonobu Kuwahara Co-Director, BCA Center for Buddhist Education (Japanese)

PANEL IN ENGLISH:

Dr. Mark Blum - Keynote Speaker Rev. Noriaki Ito - Bishop, Higashi Honganji North American District Rev. Marvin Harada - Orange County Buddhist Church Moderated by Rev. Matsurnoto PANEL IN JAPANESE: Rev. Henry Adams - Keynote Speaker Rev. Kodo Umezu - Bishop, Buddhist Churches of America Rev. Nobuko Miyoshi - West Covina Buddhist Temple Moderated by Rev. Kuwahara

REGISTRATION: \$40 (Includes lunch) DEADLINE: JANUARY 21, 2016

Southern District Temple members: Please register through your temple. General Registration and Online Registration:

Hosted by the BCA Southern District Ministers Association & Buddhist Education Committee

Institute of Buddhist Studies and

BCA Center for Buddhist Education Programs in Visalia Presented in conjunction with the BCA National Council Meeting taking place at the Marriott Hotel and Visalia Convention Center from March 1 - 6, 2016.

These events are free and open to the public.

Buddhism & Agriculture Symposium

Thursday, March 3, 2016, 1:00 - 5:00 pm

The guest speakers are **Rev. Marvin Harada, Rev. Seigen Yamaoka & Professor Eisho Nasu.** Panel presentations will be made by **Mr. George Teraoka** (Buddhist Church of Fowler) and **Calvin Doi** (Buddhist Church of Parlier). Video: **Nikiko Masumoto's** TED Talk, "Reigniting the Soul of Farming," will also be shown. The symposium moderator will be **Rev. David Matsumoto.**

Dharmathon

Friday, March 4, 2016, 2:00 - 3:30 pm

Enjoy Dharma talks by some of BCA's newest ministers: **Rev. Matthew Hamasaki** (Central California District); **Rev. Kory Quon** (Venice Hongwanji Buddhist Temple); **Rev. Sala Sekiya** (Seattle Betsuin Buddhist Temple); **Rev. Candice Shibata** (Berkeley Buddhist Temple); and **Rev. Mutsumi Wondra** (Orange County Buddhist Church).

"Ojoraisan" Chanting

Saturday, March 5, 2:30 - 3:30 pm Discover this melodic chanting and learn more about Hongwanji liturgy.

Marriott Hotel and Visalia Convention Center

300 S Court St, Visalia, CA 93291

Visit www.BuddhistChurchesofAmerica.org Contact: cbe@bcahq.org or phone: (510) 809-1460

"Embraced by the Oneness of Life"2015 World Buddhist Women's Convention - Calgary, Canada

How have Jodo Shinshu teachings influenced my life? How is the convention theme reflected in my life?

By Joyce Iwasaki BCA Federation of Buddhist Women's Association - Panel Presenter



Editor's note: At the 15th World Buddhist Women's Convention on May 30 - 31, 2015, speakers from each of the BWA organizations from Japan, Hawaii, Brazil, Canada and BCA shared their personal response to the question above. This speech was edited for the Wheel of Dharma.

A practitioner of life, a practitioner of life as a Jodo Shinshu Buddhist -- both depict the essence of my being. This is who I have become and this is the path which I continue to travel; a path I am not traveling alone, but with the oneness of all lives -- past, present and future.

Life experiences continue to lead me to a higher awareness of a deeper truth of the meaning of life, and the meaning of death. The reality of interconnectedness, of interdependence, of the importance of understanding how actions and experiences live beyond our earthly lives -- continues to shape my life.

I've come to understand that every being is a teacher of life, a teacher of death. I've come to understand that some actions that may not make any sense to me can make sense when I take into account that other people have different sets of past experiences, past viewpoints, past knowledge, as well as of present actions and conditions.

I've come to learn the importance of living in the moment. The moment that will not return, yet have an impact on the future, not only my future but also the future throughout the oneness of life. Those encounters around me have shaped my life. It is liberating to see situations from other people's perspectives.

Growing up with a mother and father and grandparents nearby, with an older brother and many cousins, life couldn't be more idyllic. Even with the long hours my parents and grandparents had to work, we were happy to be together. However, early on, it was apparent that my brother was developing serious mental health challenges which were difficult for my parents and grandparents to see and accept. My brother's problematic behavior escalated as the years went by.

My parents were reluctant to seek professional help and when they did, their mistrust of authority in general prevailed and their solution was to keep my brother hidden from others, not teaching him life skills, not putting a plan into place for his care after their passing. My brother is approaching the age of seventy, now and as I have become his primary caregiver, I could dwell on what his life could have been if my parents had been open to accepting his illness and had taken a more positive path.

Instead, my parents taught me that, from their vantage point, they were doing what they thought was the best path to take. All their decisions were made from their past experiences, from their generational perceptions of what the best care ought to be. Acceptance of this path is the lesson I have learned and that acceptance has brought me peace. My parents and my brother, as he is -- are great teachers to me. They have taught me to accept life as it is.

I have learned so much about life through death. My husband suddenly died at the early age of fifty-one, leaving our two daughters without a father at the ages of twenty and twenty-two. Through his life and death, he taught us the importance of savoring life at that moment.

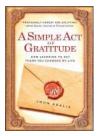
He was adventuresome, taking us on many trips throughout the world which allowed us to experience people, cultures and traditions that heightened our understanding of how things can be so different yet so similar. In his life, he taught us the joys of family, the joys of adventure, and the joys of discovery. In his death, he taught us that he continues to be part of our lives through his adventuresome spirit, through his love and kindness. We are who we are because of him. We can see how much our approach to life has been shaped by him.

Within the last couple of months, my dear cousin passed away at the age of fiftyeight, after a five-year battle with stage IV ovarian cancer. We were cousins who were

BCA BOOKSTORE NEWS by Gayle Noguchi

Now available: A Simple Act of Gratitude – How Learning to Say Thank You Changed My Life by John Kralik, paperback, \$13.99.

Recommended by Greg Mukai, Minister Assistant of the Buddhist Church of Fowler, *A Simple Act of Gratitude* chronicles the author's transformative experience of handwriting a thank you note every day for a year. It all began for Kralik at a time when his life was at an all-time low both personally and professionally. The thought occurred to him one New Year's Day that his life might be at least tolerable if, instead of focusing on what he didn't have, he could learn



to be grateful for all that he did have. He set a goal for himself to write 365 thank you notes in the coming year. To his surprise, this simple act of gratitude turned his whole life around beyond anything he could have imagined.

For Jodo Shinshu followers, the Shin Buddhist way of life is the life of unending gratitude. As we begin a new year, this touching, unique memoir can inspire us all to cultivate gratitude each and every day.

To order, go to <u>www.buddhistchurchesofamerica.org</u> and click on the BCA Bookstore link or contact gnoguchi@bcahq.org/510-809-1435. Open Wednesday through Saturday from 11 a.m. to 7 p.m. Like us on Facebook. more like sisters growing up together. Our joys and sorrows were similar.

During her second year of treatment, she suddenly lost her husband and we leaned on each other so much, we cried together sharing our pain, rising above the sorrow to go forward with life. Her children, too, were in their early twenties when their dad passed away at the age of fifty-five.

My cousin taught me the importance of living in the moment. And when we were able to do so, peace and serenity happened. Going through her illness together, we learned to appreciate all beings, as different as they are. We were able to do so through our understanding that our essence is the same and we all strive for peace and happiness.

Through this process, my cousin taught me the value of acceptance of others by understanding that their lives are shaped through a series of their experiences.

Through my two daughters and, now, through the eyes of my grandson, I take joy in seeing the world through their eyes. My sixteen-month-old grandson teaches me to experience joy at that moment and that it is okay to get to mundane household tasks later. He has taught me to see the beauty of ordinary things around us during our walks in the neighborhood. As I interact with the next generations and share in their discoveries and joys, they, too, are great teachers of life.

Practicing Jodo Shinshu teachings as a way of life can bring a clearer understanding of our interconnectedness and interdependence. And that is a joyful approach to life and to death.

Joyce Iwasaki grew up in the San Francisco Bay Area and has been a life-long member of the San Jose Buddhist Church Betsuin. She has been active in temple and district leadership including the Betsuin board and BWA as well as various community groups.

BCA Education News & Highlights - Live a Real Life!

BCA YOUTH VOICES: Young people share their experiences in Buddhist Churches of America's (BCA) youth leadership and Buddhist education activities.

2015 Hongwanji YBICSE - Part II

"Every Moment was a 'Namandabs' Moment"

The 2015 Hongwanji sponsored Young Buddhist International Cultural Study Exchange (YBICSE), sponsored by the Hongwanji-ha in Kyoto, Japan, took place from July 15-23, 2015. Fifteen members of the BCA, led by Rev. Kazuaki Nakata of the Los Angeles Hompa Hongwanji Buddhist Temple and Bishop Kodo Umezu, met up with

members from the Hawaii, Canada, and South America overseas districts. Together, the group of some 40 members gathered at our mother temple, Hongwanji, in Kyoto and participated in joint activities with Japan YBA (Young Buddhist Association) members and a homestay with temple families. The following are excerpts from



responses to the *Wheel of Dharma*'s questions from several of the BCA youth participants: Blythe Nishi, Noel McGuire, Ross Leong, Kalyn Arima, Darcy Nishi, Corie Yaguchi, Ahn Thu-Vo and Jenna Tokeshi. Part I of this article was featured in the December 2015 issue.

3. What new or interesting Dharma insights or affirmations did you encounter during your trip?

Noel: During class at the Hongwanji, the English translator opened my view to see Buddhism in a new light. He taught us that Amida Buddha is a personification of the teachings of our religion, to help us better understands the principles of Buddhism. From this lecture, I saw that we do not look only to a person for guidance and wisdom, but rather the teachings that he embodies.

Darty: As participants in the program we also acted somewhat as ambassadors in the sense that we represent the global interconnectedness of Jodo Shinshu followers and there is no destroying those memories we have created with each other during YBICSE.

Corie: My homestay family had an enormous Obutsudan in their house. This is another example of how Buddhism is such a large aspect of daily living for them in Japan.

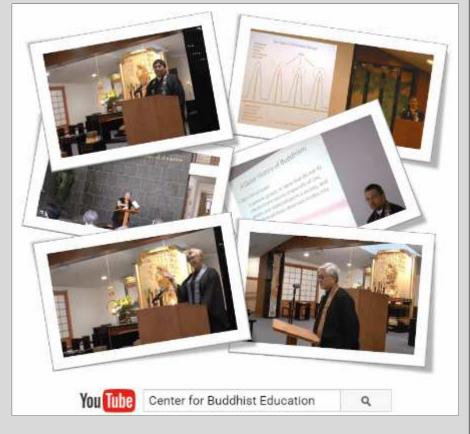
Ahn: During the end of the trip, Jenna Tokeshi eloquently talked about "Namandabs" moments. "Namandabs" moments are moments where we are grateful even if it's just a small action. Throughout the trip we would hear Bishop Umezu and other ministers would quietly recite the Nembutsu. During the trip, it felt like every moment during the trip was a "Namandabs" moment.

Jenna: Before this trip, I knew you said the nembutsu when you felt an overwhelming sense of gratitude that could not be explained in words. Even with this basic explanation, I never really knew what this feeling was. In Japan, being with all the other amazing ministers, I would constantly hear them say "namandab" under their breaths and wonder what they were thinking. At first I thought it was just something that reverends did, but I found myself understanding more about these "namandab" moments and letting a couple slip out unexpectedly. As I opened my eyes, I saw things to be grateful for everywhere.

4. How did your participation in the YBICSE program affect your life as a BCA youth?

Noel: Participating in the YBICSE program has been the most amazing and inspiring experience in my life so far. I am so grateful to have been given the opportunity to

Videos on Jodo Shinshu & Buddhism Now Available on YouTube.com



Search for "Center for Buddhist Education"

A number of lectures are now available from CBE programs.

- Funded in part by the Rev. Gyodo Kono Fund -

Winter Training: MAP & Tokudo - December 10-12

Fifteen certified ministers assistants including six new Tokudo aspirants gathered for training on two tracks as well as combined sessions at the Jodo Shinshu Center.



Rev. Katsuya Kusunoki demonstrates special chanting rituals for Tokudo aspirants. Other sessions by Rev. Harry Bridge focused on Shoshinge, Wasan and Eko.



Rev. Henry Adams presents "Fundamentals of



Rev. Umezu, BCA bishop, conducted two discussions, including one on "The Future of Jodo Shinshu."



Two sessions on "Interfaith Work" took place with Rev. Michael Pappas of the SF Interfaith Network; and Rev. Ron Kobata of Buddhist Church of San Francisco,

participate in such a life-changing journey.

Ross: The trip increased my knowledge of general Buddhism. It made me realize that we should continue the traditions and uphold our culture as BCA Youth.

Kalyn: By going to the Hongwanji, getting up early for 6 am services, and spending time with a temple family, I have been able to have more appreciation for the temples that I have been able to go to here in the US, as well as my own home temple. By going to the place that is largely responsible for bringing Buddhism to America, I have even more gratitude for those who came before me and founded all these temples here in the US that my generation and the ones to follow can use.

Darey: My participation in YBICSE has made me reflect on what it means to be a "BCA" Youth and how different or similar that is from being a "Jodo Shinshu" Youth. I am much more motivated in seeing relations between the Nishi Honganji and BCA strengthen in the future, as it is of vital importance, as well as seeing the global community of Jodo Shinshu get stronger.

Corie: Being a part of YBICSE just made my passion for being a Buddhist youth grow...I really want to thank the BCA, Nishi Hongwanji, and the Hongwanji staff for giving us this amazing opportunity. I also want to thank Bishop Umezu and Rev. Nakata for putting up with us in Japan and really treating us like their children. They made us feel like a family while we were there.

Blythe: YBICSE has made a deep impression on my experiences and understandings as a Jodo-Shinshu Buddhist through the numerous activities and events that took place with Bishop Umezu, Reverend Nakata, the staff from Nishi Hongwanji and all of the participants from across the globe. I now understand how important it is to reflect on the lessons from the Dharma and how important it is to fully understand the connection between Japanese culture and Jodo-Shinshu Buddhism.

Jodo Shinshu" to the whole group. Other combined sessions included Rev. David Matsumoto's lecture on the "Tannisho." who serves on the Network's board of directors.

FDSTL Poetry Contest for Dharma Schools

Theme: GRATITUDE

The Federation of Dharma School Teachers Leagues (FDSTL) is sponsoring a poetry contest on the theme of "Gratitude." It is open to Dharma School students in grades 6 to 12. Students may submit an entry on 8.5 x 11 inch paper to their Dharma School Superintendent. Each district will choose three entries to be displayed at the Federation of Dharma School Teachers League Conference in Northern District (Sacramento) on April 29-May 1, 2016.

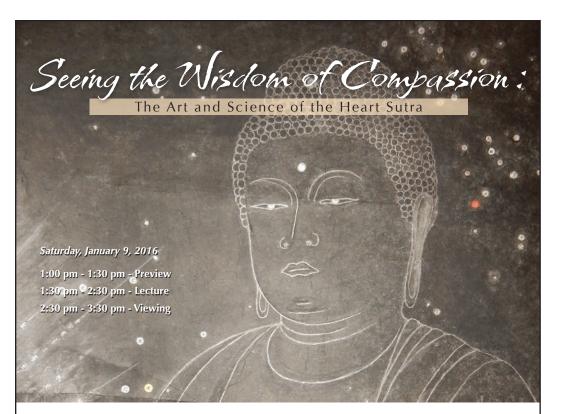
Individual districts will determine their own deadlines to allow time to choose the

three entries and transport them to the conference. In the event that there are no delegates attending the conference, district entries can be mailed to Carl Yanari, Palo Alto Buddhist Temple, 2751 Louis Road, Palo Alto, CA 94303 *before April 18 2016*. For more information, please contact your district representative to the FDSTL.

Pictured at left is one of the many art entries from various districts that were displayed at the 2015 FDSTL Conference in Los Angeles.



Art by first grader Emiko Takemoto, Oakland Buddhist Church (Bay District).

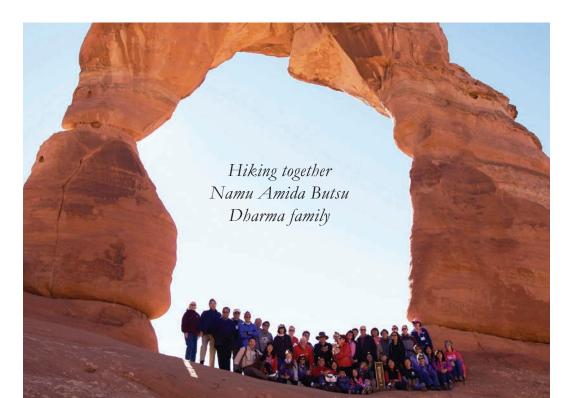


Japanese scientist and devout Buddhist, Tsuneo Iwasaki's 岩崎常男 (1917-2002) genius was to deftly interlace his fluency with Buddhism, science, and imagery to encode paintings with metaphysical content by shaping microscopic and cosmic forms with the Chinese characters of the Heart Sutra, a treasured Buddhist text known for its profound wisdom and healing powers. Iwasaki's scientific and Buddhist insights are integrated in a compassionate ethics of interdependence that aims to relieve suffering and offer healing wisdom.

Please join us for the exclusive West Coast exhibit of Tsuneo Iwasaki's work curated by Dr. Paula Arai. Dr. Paula Arai is a renowned author, speaker and professor of Buddhist Studies, who worked closely with Iwasaki while researching his paintings which illustrates the liberative power of the Heart Sutra.

Jodo Shinshu Center • 2140 Durant Avenue Berkeley, CA 94704 For more information, visit http://www.shin-ibs.edu/events.

INSTITUTE OF BUDDHIST STUDIES



Important Reminder to Donors



Hello members, supporters, friends, and family of the BCA!

You are a warm and generous bunch of people. We are receiving your gifts and donations with humble gratitude.

There is a small but important change for donations to the BCA- please make your donation checks payable to the "BCA Endowment Foundation," with the purpose or fund in the memo

section. Please send your check to the BCA Endowment Foundation at 1710 Octavia Street, San Francisco, CA 94109. Please note this change doesn't affect donations to the Institute of Buddhist Studies.

For example, if you want to donate to the 1000X1000X4 debt relief fund, please make your check payable to the "BCA Endowment Foundation" with "1000X1000X4" in the memo section. Also, please let us know what name you would like to be addressed by, and any special designations for your donation, e.g. In honor of someone.

Thank you for your attention and care.

Obon Dancing in America Continued from Front Page



Top photo: Bon odori with participants dancing clockwise, Sacramento, 1930s. Lower photo: Rev. Iwanaga (top row, fourth from right) and doyo buyo students at the Nishi Hongwanji, sponsored by the Young Women's Association, 21 February 1932. Girls in the second row from top dressed in "Middle Eastern" costumes for the dance Tsuki no Sabaku ("Moon Over the Desert"). Photos courtesy of the Iwanaga Family, made accessible by Portland State University Library Special Collections.

Recording Department of the BCA and make these photos available to the gencompleted a collection of gatha (Bud- eral public. This exhibit, Obon Dancing dhist hymn) records just months before in America: Reverend Yoshio Iwanaga Photo he passed away in 1950. In the late 1980s, UCLA graduate student Linda Akiyama interviewed Mrs. Iwanaga for a thesis on Reverend Iwanaga and acquired a collection of family photos. In 2014, Akiyama gave these photos to Wynn Kiyama (Portland State University), who collaborated with Reiko Iwanaga (daughter-in-law of Rev. Iwanaga) and Cristine Paschild (PSU Library, Special Collections) to

Album can be viewed online at: http:// exhibits.library.pdx.edu/exhibits/ show/obondancing.

The haiku above was composed by Elsa Burchinow during the Mountain States District Conference on October 24 - 25, 2015, which included a hike up to Arch Rock, in Utah. Photo by Mark Minaga.

JSC Comings and "Go-ens" A Memorable Sunshine Tour



A week prior to receiving the official occupancy permit in early August, 2006, the JSC received an inquiry from the Salt Lake YBA (Young Buddhist Association) parent advisors. They wished to stop over and spend a night or two at the JSC during their biennial Sunshine Tour of BCA Temples on the West Coast. They came and slept in their sleeping bags on top of beds without any covers (only mattresses), and a kitchen without any utensils, pots, and supplies. They were pleased with the new unfurnished accommodations. They were the first of many, many visitors to stay at the JSC.

Glenn Kameda, JSC Facility Manager

Note: "Go-en" in Japanese often refers to favorable (causes and) conditions; karmic conditions.

Wynn Kiyama holds a Ph.D. in musicology from New York University and has taught at Westminster Choir College, Columbia University, Colby College, and Portland State University (PSU). He currently leads the PSU Taiko Ensemble and is the Executive Director of Portland Taiko.

JSC Opening Day Continued from Front Page

act, that cutting, but one that I will always cherish in memory.

There is a long list of people who deserved that honor as much as or much more than I did. I want to offer a tribute to one of them. The late Douglas Iwamoto of Salinas, who preceded me as BCA President, was a strong and forthright advocate for the JSC from its inception to its completion. But for Doug, we might have much less to celebrate at this time. He left us much too early.

-- Dr. Gordon Bermant, Past BCA President (2006-2007)

に歳神を迎え、宿ってもらうものとして、家々の門の前に立てたもので、おめでたいものとされたものです。 私達の人生を旅に譬えたと き、正月に立てる門松は、一 里塚のようなもので、一つ歳 を取ることは、もう一歩、死 に近づいたと言っているのです。 毎年、一休禅師の狂歌を口 にしていた父が、最後に救急 室に連れて行かれたとき、 『わしは、もう家に戻れない かもしれないな』と、ポツリ	ストックトン仏教会 一月は、父の亡くなった月で、今年でちょう 一月は、父の亡くなった月で、今年でちょう で開教使を勤めました。父は、正月になるとい で開教使を勤めました。父は、正月になるとい あり、めでたくもなし』と言う、一休禅師の狂 あり、めでたくもなし』と言う、一休禅師の狂 あり、めでたくもなし』と言う、一休禅師の狂 たこの狂歌を聞いたのは、まだ子供のころ で、杖の先にシャレコウベをつけて立っている。 しており、ハワイで開教使になってか うは、修正会の法話には必ず使っておりました。子供 が姿の髭ぼうぼうの僧侶の姿は、大人になっても、 消えることはないほど、強く私の心に焼き付い ています。 延生日を祝う慣習のなかった昔の日本では、 正月が来ると、一つ歳を加えますので、正月は、 下月が来ると、一つ歳を加えますので、正月は、	今月の法話
る父と阿弥陀如来に寄り添ってもらいつつ接する無常は、耐える事ができるのです。 今年、又、一つ歳を取ります。シャレコウベの杖もって一里塚の前に立っている僧の目が優しく思える正月です。	した した した した に行くという確信があるかを訊ねました。もう に行くという確信があるかを訊ねました。もう に行くという確信があるかを訊ねました。もう に行くという確信があるかを訊ねました。 に行くという確信があるかを訊ねました。 に用まれて、静かにお浄土に還っていきまし た。 そ年も、正月を迎えるにあたり、一休禅師の と言う願望はあります。ただ、子供のころ感じ たいた死に対しての恐れは、薄らいできました。 その父の側に、阿弥陀如 ていた死に対しての恐れは、薄らいできました。 で接する無常は、辛くて苦しいものです。一人 来が寄り添っているように思えるのです。一人 である無常は、辛くて苦しいものです。 でも、 にのころ感じ	した。しかし、父は、日を揃えて、『そんなと言いました。私達は、口を揃えて、『そんな
 アメリカのご門徒さんたちに一言 皆様にお 会いでき、ともに念仏をさせていただけたこと つた。またご一緒にお念仏できることを楽しみ した。またご一緒にお念仏できることを楽しみ にしています。 ・北米の寺院活動を見て良いと思ったところ、 シンバーの方々が主体となって仏教会を運営 くださっている姿です。残念であったのは、アメリカの大地があまりに広大で仏教会同士の距離が離れていて、簡単には訪問できなかったことです。 ・好きな食べ物 納豆、そば ・好きな食べ物 納豆、そば ・報鸞聖人の好きな言葉 = 明 ・親鸞聖人の好きな言葉 ・親鸞聖人の好きな言葉 ・第二、ランニング 	ion/浄土真宗本願寺派職員の海外研修プログラム)を終了した畑中阿難師にプログラムの 感想を聞いた。畑中師は昨年に続き、二回目の 参加となった。 ・出身地 福井県鯖江市 ・出身校 中央仏教学院 ・SHARE志望の動機 宗務員として本研修 に参加し国際伝道に関わりたい理由は、昨年こ ちらにお邪魔し、海外の地においてお念仏を喜 んでいらっしゃる皆さまの姿を目の当たりにし、 深く感激したためです。	5 SFAPLE Advanced Research and Educat
冬季パシフィックセミナー *国ム教大学院・米国ム教団仏教教育部・アメリカ東京センター(東京大谷派) 共優 EAST MEETS WEST 浄土真宗本願寺派、真宗大谷派それぞれの視点から	来る2016年10 車(本る2016年10 として参加するでには たで開催される。デー たで開催される。デー のドルで屋食がそれぞ。 として参加する予定。 として参加する予定。 として参加する予定。 として参加する予定。 として参加する予定。 として参加する予定。 として参加する予定。 として参加する予定。 として参加する予定。	クセンテレ

日時:2016年1月30日(土) 9:00 am - 4:30 pm (開場 8:30 am 於:ロサンゼルス別院) 2016年1月号

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2016年1月号

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年頭の辞

私は、2014年6月6日に、前門主の跡を承けて法統を継承し、本願寺住職 ならびに浄土真宗本願寺派第二十五代門主に就任いたしました。この法統 継承を仏祖の御前に奉告する「伝灯奉告法要」を本年10月1日より、京都 の本願寺にてお勤めいたします。この法要を機縁として、多くの人々に浄 土真宗のみ教えが伝わることを期待しています。

浄土真宗のみ教えは、今から約800年前に親鸞聖人によって説かれまし た。そして、今日の私たちにまで受け継がれてきています。親鸞聖人の時 代においても現代においても浄土真宗のみ教えは、変わることなく、私た ちの生きる依りどころとなります。なぜなら、私たちは、いつ終わるか誰 にも分からない命を生きているからです。明日、私が事件や事故にあわな

本年もお寺へお参りし、阿弥陀さまのおはたらきを聞かせていただきま しょう。そして、そのことによって、自分自身の姿を省みて、日々のご縁 を大切にしながら、南無阿弥陀仏とお念仏申す一年を過ごさせていただき ましょう。

2016年1月1日



2016年1月号

米国仏教団 Ruddhist Churches of America 1710 Octavia Street San Francisco, CA 94109

電話(415)776-5600 FAX (415) 771-6293

Email:info@bcahq.org

浄土真宗本願寺派 門主 大谷光淳

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総長メッセージ

あけましておめでとうございます。

新年を迎え一年の計をたてる方も多いのではないでしょうか。今年こそは これをしようとか、悪い習慣をやめようとして計画するのですが、続ける ことが難しいのが現実です。それで、できるだけ続けていけるようなこと を計画し始めることが大切ではないでしょうか。

それで一つのアイデアです。私たち浄土真宗の門徒であれば家にお仏壇が あると思います。もし無ければ今年こそ家の中にお仏壇もしくはそれに準 じたものをお迎えしていただきたいと思います。そして、毎日お仏壇の前 で少なくとも一日一度でもご挨拶することを勧めたいと思います。続ける ためにはどんな形でもいいかと思います。とにかく、仏さまの教えに親し むための第一歩です。





私がアメリカに来た当時はまだ一世の方々が高齢でしたがおられました。家にはお仏壇があり、お手入れも 行き届いていました。また、病院にお見舞いに行きますと、枕元にはちいさな阿弥陀さまのご絵像があり、 生活の中に仏さまのいのちがとけこんでいたのを忘れません。

ところで今はどうでしょうか。生活の中でそういう習慣が忘れられてきているのではないでしょうか。もし そうであれば、とにかくお仏壇の前で手を合わせ、お念仏をしてください。そして、その習慣を始めること を今年の計にしてはいかがでしょうか。もちろん、家族全員が一緒にお参りすることをすすめます。

よく私たちの宗教には座禅のような行がないという人がいます。しかし、お仏壇を家庭の中心にし、毎日手 を合わせることを続けることは行とはいえないでしょうが、大切なたしなみの一つです。そういうところか ら、だんだんと仏さまと親しくなり、仏さまのお心を聞かせていただくことができるのでしょう。

親鸞聖人の説かれた仏さまの教えは、私たち一人ひとりに、人間に生まれてきて本当によかったという深い 喜びを与えてくださいます。本当の幸せを感じさせてくださいます。本当の満足を得ることで、何かに祈る 必要もない、争う必要もない道が開かれてくるのです。

一月には各地で親鸞聖人のお徳を讃える報恩講がお勤めされます。是非お参りいたしましょう。ことしもよ ろしくお願いいたします。

米国仏教団総長 梅津廣道

なくなる。人々は徳を尊び、思いやりの心を持ち、あつく礼雨もよい時に降り、災害や疫病などもおこらず、国は豊かに教えに導かれないところはない。そのため世の中は平和に治	『仏説無量寿経(ぶっせつ むりょうじゅきょう)』こくふみんあん) 兵戈無用(ひょうがむよう)」(にちがつしょうみょう) 風雨以時(ふううにじ)
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